

## PRISMS Mission, Vision, Values

### MISSION

PRISMS is dedicated to providing information and support to families of persons with Smith-Magenis Syndrome (SMS), sponsoring research and fostering partnerships with professionals to increase awareness and understanding of SMS.

The organization places critical focus on providing programs/services and support in areas of education, awareness, and research.

### VISION

PRISMS is the leader of the worldwide Smith-Magenis Syndrome community and engages, inspires, and empowers families, physicians, educators, researchers, and others so they can support and improve the lives of everyone affected by SMS

### VALUES

**Compassionate** - We are a compassionate organization that cares deeply about the well-being and the needs of each and every individual within the SMS community.

**Empowering** - We empower families with the knowledge they need to make the best decisions for their family's needs.

**Conscientious** - We are conscientious in ensuring that all of our actions and practices serve the needs of the SMS community.

**Inclusive** - We encourage and seek participation from all those interested in advocating for and creating a positive impact for the SMS community.

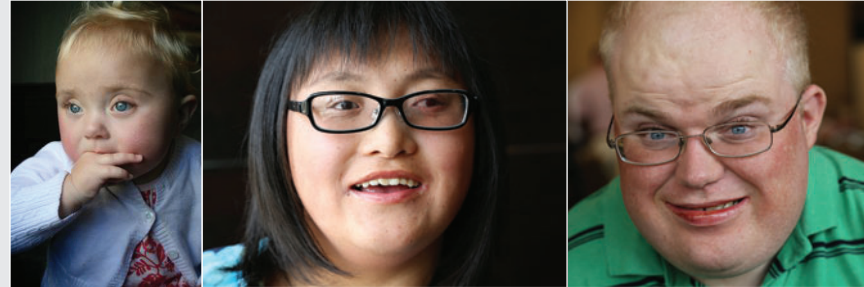
**Excellence** - We focus on quality, conducting our work to the highest ethical and professional standards, and striving for excellence in all that we do.

## Common Features

A specific pattern of physical, developmental, and behavioral characteristics has been found in individuals with SMS. Common features include:

- Developmental delay / intellectual disability
- Hypotonia (low muscle tone)
- Poor gross motor and fine motor skills
- Feeding problems in infancy (poor suck/swallow); failure to thrive or difficulty gaining weight (< 3 years)
- Speech delay
- Characteristic facial appearance
- Short fingers and toes
- Distinct, broad-based gait (style of walking)
- Scoliosis (abnormal curvature of the spine)
- Vision problems (strabismus; nearsightedness)
- Middle ear abnormalities, chronic ear infections
- Hearing impairment
- Hoarse, deep, sometimes nasal voice
- Decreased sensitivity to pain, hypersensitivity
- Constipation
- Sleep disturbance (frequent nighttime awakenings; daytime sleepiness)
- Self-injurious behaviors
- Prolonged tantrums, explosive outbursts, impulsivity
- Arm hugging/hand squeezing
- Endearing and engaging personalities
- Excellent long-term memory for names, places, events
- Great sense of humor
- Eagerness to please and sensitivity towards others

It is important to remember, however, that SMS is a variable disorder, and not every individual with SMS will have all the features listed above. Some may have just a few, whereas others may have many.



Become a PRISMS member today! Membership is open to all interested in supporting and engaging with the SMS community.

Visit [www.prisms.org/us/how-to-help/become-a-member](http://www.prisms.org/us/how-to-help/become-a-member) to sign up and learn why your membership is important.



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Your donation, no matter how small, helps PRISMS achieve its mission.

Contributions can be made online through our website or mailed to:

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UNDERSTANDING  
SMITH-MAGENIS  
SYNDROME



**prisms**  
Parents and Researchers Interested  
in Smith-Magenis Syndrome

EDUCATION | AWARENESS | RESEARCH  
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## What is Smith-Magenis Syndrome (SMS)?

Smith-Magenis syndrome (SMS) is a neurobehavioral disorder caused by particular genetic changes on chromosomal region

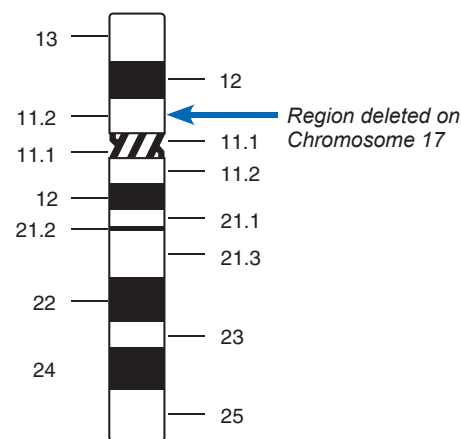
17p11.2, which contains the gene *RAI1*. In most cases, SMS is due to a missing copy of the 17p11.2 region. This is called a deletion. Less commonly, SMS is caused by particular genetic changes, called mutations, in the *RAI1* gene itself.

SMS is a rare disorder that occurs in about 1/15,000 to 1/25,000 births. Although the number of individuals diagnosed with SMS has increased in recent years due to better diagnostic tools, the syndrome likely remains underdiagnosed.

### Diagnosis

The diagnosis of SMS is usually made using a genetic test called a chromosomal microarray analysis (CMA), or more commonly, a microarray. A microarray can detect extra or missing pieces of genetic material. This test is typically ordered as part of the standard genetic work-up for children with developmental and behavioral symptoms.

When SMS is specifically suspected, targeted genetic tests, such as FISH (fluorescence in situ hybridization) or *RAI1* mutation analysis can be ordered instead of a microarray to look for a 17p11.2 deletion or an *RAI1* mutation, respectively. Although SMS is genetic, it usually does not run in families.



### PRISMS Education, Awareness, Research

*Parents and Researchers Interested in Smith-Magenis Syndrome* (PRISMS) is a support organization for families and professionals involved in the care of people with SMS.

PRISMS serves as a central clearinghouse for information about SMS, providing a range of educational and support services, including:

#### EDUCATION

- PRISMS website [www.prisms.org](http://www.prisms.org): a comprehensive resource with information and support for individuals and families living with SMS. The website is updated regularly and contains the most recent data, research articles, newsletters, and more!
- Telephone and email support – including eblasts with updated news and events
- International Building Bridges of Hope Conference – a multi-day educational family support event
- Official Quarterly Journal – PRISMS Spectrum
- Regional Representative Program – a support and mentoring program for parents/families around the world
- Publications including “On the Road to Success with SMS: A Guidebook for Schools” and “A Smith-Magenis Guidebook: Exploring Adult Residential Living”

#### AWARENESS

- International Partnership Program
- Awareness materials – SMS brochure, bookmarks, wristbands, awareness and compassion cards
- Social networking – Facebook, Twitter, Instagram

#### RESEARCH

- Professional Advisory Board – leading medical and scientific experts in SMS
- International SMS Research Symposium
- Database of registered families
- Research support and funding

PRISMS is primarily a volunteer organization that serves families around the world! PRISMS Board of Directors and volunteers raise SMS awareness and funding through a variety of events and campaigns, including World SMS Awareness Day (November 17th).



**PRISMS maintains its mission of service to our members in order to enhance the lives of persons with Smith-Magenis Syndrome.**

